



# Grand Canyon Rim to Rim to Rim Adventure

## October 23 - 27, 2025

Expected Temperatures: North or South Rim 60s or 70s/30s, Canyon Bottom 90s/50s  
Please Note: Cell phone service on the South Rim is typically possible. Typically, not on the North Rim. Verizon is usually the best provider.

### Packing List

- Warm and layered clothing
- Gloves
- Hiking boots or trail shoes
- Hydropack or Day Pack. Be able to carry 4-5 liters of water. We can get more water along the way.
- First aid supplies
- Sunscreen
- Chapstick
- Hat and sunglasses
- Camera (Phone)
- A good breakfast. Two lunches and some snacks should get you across the canyon.
- Headlamp + extra batteries
- Hiking poles